



Here is a list of career videos (with links) and a short description for each that are featured on [Destination Occupation](#) website and [Youtube](#) channel. The list is broken into three sections:

- Section 1 features individuals who are a part of a company series (listed alphabetically).
- Section 2 lists the career videos from Rachel's Solo Video ventures.
- Section 3 lists the career videos featured on Destination Occupation's Youtube channel.

Each person featured explains a variety of things from important skills that are needed to do their job, to what education or training is necessary, to why that job is a good fit for them. Some videos are very focused on what that person does in their job (sort of a day in the life), others tell more of a story. Ideally, after watching several (or all) of our videos, viewers will be in a position to make a better informed career choice.

SECTION 1:

[General Dynamics/Bath Iron Works in Bath](#)

Bath Iron Works (BIW) is the leader in surface ship design and construction with a reputation for innovation and quality that sets the standards for the industry. Our products are the most technologically advanced naval ships in the world. We are part of the General Dynamics family – a global Fortune 500 company with over 95,000 employees worldwide. You can be part of this too. Bring your creativity and problem-solving skills and do what may be the most important work of your life.

Welder - Tim - Learn about the different types of welding projects Tim works on at Bath Iron Works. He describes the evolving skill set that is required, the need for continuous learning, and why working at BIW is a great place for him.

General Laborer - Brianna - Learn about the different types of projects Brianna works on as a General Laborer at Bath Iron Works. She describes her motivation, the variety of

skills she has acquired, why she likes learning, and why applying to work at BIW was a great choice for her.

Electrician - Steve - Learn about the different responsibilities Steve has as an electrician at Bath Iron Works, how BIW offers ongoing training and why this is an important career choice for him.

[Hancock Lumber found in 13 Maine towns](#)

Family-owned building materials supplier & Eastern White Pine sawmill manufacturer established in 1848, Hancock Lumber Company is a 6th generation, family-owned business operating a land company, a sawmill division and a network of retail lumber yards, including a 7,000 sq. ft. home design showroom, Home Again by Hancock Lumber in South Portland.

CDL Driver - Corey - Hear how Corey finds his niche as a driver at Hancock Lumber and why he loves it and his schedule.

Counter Pro/Customer Service - Sarah - Learn about Sarah's story of finding a work environment that cares about what is important to her.

Vice-President of Sales, Sawmill Division - Matt - Learn about Matt's career path from college graduate to the promise of becoming vice-president, but you don't just get there without piling some boards.

Project-Pro, Exterior House Design - Kara - Hear about how Kara helps customers and the skills that make being a Project-Pro a great fit for her.

[Maine Medical Center, Summer Teen Employment Program](#)

This program is located in Portland and is designed for individuals ages 15-25 who have a diagnosed disability and a desire to work!

IT Support - Jake - Learn about why following directions is important for this job.

Linen Services - Marina - Hear about why this job makes her feel successful.

Food Service - Matt - Talks about how being organized is critical for this job.

Maine Staffing Group and Project Flagging

If you are looking for Temporary, Temp-to-Hire, or “Direct Hired” positions, Maine Staffing Group can help! Maine Staffing Group provides jobs in nearly every industry. They work with you to help you find new job opportunities that match your skills & characteristics.

HR Compliance Manager, Maine Staffing - Janie explains how Maine Staffing Group helps job seekers find where they fit best into the workforce, whether it is temp work or temp-to-hire or work environments like office, construction or even agriculture! They cover many industries and skills levels.

Southern Regional Manager, Project Flagging- Shannon explains the training involved to become a flagger and why it is important that we have well trained flaggers to keep construction zones safe and traffic flowing smoothly.

Flagging Supervisor - Lewis explains his responsibilities as a supervisor and why loves working outside, meeting new people everyday, and the satisfaction he gets from great feedback on a job well done.

Lead Flagger - Will describes how he uses his communication and observation skills to train new flaggers and to keep the flow of traffic steady and safe.

Pine Tree Food Equipment

Pine Tree Food Equipment has been providing quality repair service for commercial cooking equipment since 1989. The company has grown over the years and has 3 locations in Gray, Brewer and Saco. Our service technicians are state licensed in gas, steam, refrigeration and electric appliance service and installation and have remained current in the industry by attending manufacturers training all over the United States.

Owner of Pine Tree Food Equipment - Gary Potvin explains why he started this company and why he is always looking to hire skilled technicians.

Vice President of Operations - Dan who started out as a teenager fixing microwaves and, through hard work and determination, is now Vice President of Operations.

Food Equipment Technicians - Rudy who never knew about this career path, and now loves the challenge of solving customers’ problems and Eljin who explains why he enjoys being a technician at Pine Tree Food Equipment and what benefits they offer.

Refrigeration Technicians - Joni who worked as a manager at McDonalds, found herself fixing their equipment, liking it and decided she found her niche and Jeff who worked as a cook for years and found his career change into refrigeration repair very rewarding.

[SIGCO, a glass and metal manufacturer in Westbrook](#)

We are always looking for hard working, ambitious people who would like to join our team. We are willing to train you if you are willing to learn. Most positions require the ability to read a tape measure. We offer a competitive wage and benefit package that includes health and dental insurance, life insurance, short term and long term disability insurance, and 401(k) with profit sharing. Starting wages range from \$13.00- \$14.50 with annual performance reviews.

Human Resources Manager - Cindy - Will explain what SIGCO does, the kind of employees they are looking for, and the great benefits they offer.

Production Facilitator - Dustin - Loves his job, is a “jack of all trades” and keeps the place running smoothly moving from department to department throughout the day.

Tempering Lead - Chris - Tempers the glass, tests for safety and is proud of his accomplishments at SIGCO.

Cutters - Christian and Rob - Cut, hustle, work as a team and think SIGCO is awesome.

Polisher - Chris - Polishes glass smooth and feels important to be a part of SIGCO

SECTION 2:

[Rachel's Solo Video Ventures](#)

On this page you can watch and explore career videos that have been produced, shot and edited by me, Rachel Knight, creator of Destination Occupation. I am a self-taught videographer, which means that my skills, like these solo venture videos, are a work in progress! It can be a little scary to put your work “out there” especially if it has some flaws, but ultimately I am more motivated to create content for you to have more career exploration videos to watch and hopefully see yourself in some of the people featured.

Project Manager - Elizabeth - Freeport Metrics, Portland. Elizabeth explains what her responsibilities are, how she gained the necessary skills to do this job and why this is a good fit for her.

Hair Stylist - Bret - Bang Cut & Color, Portland. Bret describes the important skills and work habits that are needed to be successful in this industry. Find out why he likes being a hair stylist, what he looks for in a new employee and what he likes about living in Portland, Maine.

Marketing and Events Director - Trevor - Dispatch Magazine. Trevor describes some of the responsibilities he has for this trendy magazine, what a “typical” day looks like, the fun things he does and why it is a great match for his personality.

Professional Organizer - Dawna - Organize ME! Portland. Dawna talks about what she does, why she does it and how she decided to become a professional organizer.

SECTION 3:

[NEW VIDEO SERIES ON YOUTUBE!](#)

“Under 3 in Under 30”

This series had been on my mind to produce for some time. Finally I got the chance to act on this idea when I got an intern from [Baxter Academy](#) and felt the time was right to try it out. The mission of these videos is to illustrate the intrinsic value of ALL WORK. I believe that every job is important to both the individual who performs that job and to the community that person works in.

The videos are meant to have a more “real” feel to them. They are “under 3” minutes in length and get edited in “under 30” minutes. We film and edit right on an iPhone (edit using iMovie app), then upload to Destination Occupation’s Youtube and social media accounts. These videos are really fun to make!

[Pedi-Cab - Sam, Portland.](#) This was our proof of concept video. In this you see a bit of what Sam does and hear him talk about why working as a “bike” cabbie (Pedi-Cab) makes sense for him.

[Night time Supervisor - Daniel - Flatbread Pizza, Portland.](#) Daniel talks about why location matters, why what he does is important and why his job is important to him. You get to see a cool wood fired oven and some pizza making in action, too.

[Deckhand - Ali - Casco Bay Lines, Portland.](#) Ali explains a few of his tasks as a deckhand, how safety is important, and that he has future plans to work in IT.

[Captain/Deckhand - Jeff - Casco Bay Lines, Portland.](#) Jeff talks about how his job has many layers to it and how working there is like having a family.

[Bartender - Nikole - Portland Pie Company, Portland.](#) Nikole explains the soft skills that are important to serving the public in her job as a bartender. (This was Chloe's first turn at interviewing, filming and editing start to finish!)

[Field Engineer - Tyler - Winxnet, Portland.](#) Tyler describes what he does at Winxnet, why what he does is important to his clients and why he likes his job. (Chloe goes mostly solo on this one! I filmed a little b-roll for it.)

Oldie's but Goodies on Youtube

[Jotul, North America in Gorham, Maine](#) - Jotul has been around for over 160 years. A Norwegian company that manufactures its stoves in 2 locations only - Norway and Gorham, Maine.

[Welder, Press brake Operator - Alyssa](#) - Follow Alyssa's path from a frustrated high school student whose skills as a welder led her on the path to become a mechanical engineer.

[Computer Aided Design and Engineering Manager - Ames](#) - Find out how Ames survives a downturn in the economy by finding a solid company who looks to re-train motivated people.

[Forklift Operator, Shipping & Receiving - Kelly](#) - See how Kelly goes from having no idea what she wanted to do, to finding a career path that she never thought of.

