

Skills, Interests, Personality

(STUDENT HANDOUT)

The first step to making a career or college/training choice is to know your options. Watching DO videos is one way to do that.

The second step to making a career or college/training choice is to understand how your skills, interests and personality might fit (or not) certain careers and college/training options. Analyzing DO videos is one way to do that.

Each time you watch an individual profile video, reflect/analyze on whether you feel the job or education/training for it would be a good match. Use the matrix below to document and keep track of your progress. Then you will pick your top 3 and explain why they would be a good fit.

Job Title from Video	Skill Have it/Acquire it <i>(circle which one best fits)</i>	Interest (Yes/No)	Personality (Yes/No)	Match (Yes/No)
	Have it/Acquire it			
	Have it/Acquire it			
	Have it/Acquire it			
	Have it/Acquire it			
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	Have it/Acquire it			
	Have it/Acquire it			
	Have it/Acquire it			
	Have it/Acquire it			
	Have it/Acquire it			

Pick your top 3 career choices and explain why they would be a good fit for you: skills, interest, personality and training/education.

Choice 1	
Choice 2	
Choice 3	